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# CENTRAL OREGON DENTAL NEWSLETTER

December 1, 2019

c/o Mehdi Salari, DMD  
bendsalari@gmail.com

Please reply to this email, if wishing to post Announcements, Classified or General Monthly Advertisements in the CENTRAL OREGON DENTAL NEWSLETTER.

## Contents of this Newsletter:

- Upcoming Meetings, Continuing Education & Events
- Central Oregon Dental Community News
- Dear Dr. Rupert Advice Column (Dental Practice Management GURU & Know-it-all)
- Local Classifieds
- Regional CE Calendar

Please thank the following businesses for their CONTINUED SUPPORT of the Central Oregon Dental Newsletter & Community:

- Assured Dental Lab
- Elite Dental Arts
- O'Brien Dental Lab

## UPCOMING CENTRAL OREGON MEETINGS & EVENTS

*(Please email or send any dental related events or courses that you would like posted on this calendar.)*

**Mark your calendars and plan to attend ...**

### **December 6, 2019 (Friday)**

#### **Dental Society Holiday Party**

- 6:00 p.m. – Social Hour
- 7:00 p.m. – Dinner
- Location: Riverhouse Convention Center in Bend
- Contact Dr. Nathan Lenox if you haven't received an RSVP email

### **December 13, 2019 (Friday)**

#### **Risk Management + Medical Emergencies**

- Speaker: Chris Verbiest and Dr. Nathan Lenox
- Sponsored by TDIC
- 3 Hours of Risk Management + 4 Hours of Medical Emergencies
- Eagle Crest Resort
- 8:30 – Registration

- 9:00 – 5:00 Course (Lunch included)
- Registration emails already sent. Contact Dr. Jessica Henderson for more information.

### **January 16, 2020 (Thursday)**

#### **Dental Society Dinner/Business Meeting**

- 6:00 p.m. – Social ½ Hour
- 6:30 p.m. – Dinner & Meeting to Follow
- Speaker: Mark Backus, M.D. (Internal Medicine)
- Topic: Recognizing and Controlling Hypertension
- Location: Riverhouse Convention Center in Bend
- If you haven't received an RSVP email 1 month prior to the meeting, please email Dr. Lenox ([lenox.n@gmail.com](mailto:lenox.n@gmail.com))

### **April 2 - 4, 2020**

#### **Oregon Dental Conference**

- Location: Portland (Oregon Convention Center)
- Registration through the ODA

## CENTRAL OREGON'S ELITE DENTAL ARTS LAB FOR OVER 25 YEARS



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- Link to Elite Dental Lab Website: [elitedentalart.com](http://elitedentalart.com)

### **May 21, 2020 (Thursday)**

#### **Dental Society Dinner/Business Meeting**

- 6:00 p.m. – Social ½ Hour
- 6:30 p.m. – Dinner & Meeting to Follow
- Speaker: TBD
- Location: Riverhouse Convention Center in Bend
- If you haven't received an RSVP email 1 month prior to the meeting, please email Dr. Lenox ([lenox.n@gmail.com](mailto:lenox.n@gmail.com))

### **September 17, 2020 (Thursday)**

#### **Dental Society Dinner/Business Meeting**

- 6:00 p.m. – Social ½ Hour
- 6:30 p.m. – Dinner & Meeting to Follow

- Speaker: TBD
- Location: Riverhouse Convention Center in Bend
- If you haven't received an RSVP email 1 month prior to the meeting, please email Dr. Lenox ([lenox.n@gmail.com](mailto:lenox.n@gmail.com))

## **September 26, 2020**

### **ODA House of Delegates**

- Location: Bend (Riverhouse Convention Center)
- Mark your calendars and plan to serve as a Delegate for Central Oregon ... especially since the meeting will be right here in Central Oregon.

## **December 9, 2022 (Friday)**

### **Risk Management**

Sponsored by TDIC

3 Hours of Risk Management

9:00 am – 12:00 pm

Location: TBD

Just letting everybody know the date of the next Central Oregon Risk Management Course

# CENTRAL OREGON DENTAL SOCIETY NEWS

## **Message from Dr. Lenox and the CODS Officers**

CODS members / colleagues:

\*\*I hope this finds you all well-rested & satiated after the Thanksgiving holiday. Just a reminder, the annual CODS Holiday Party is coming up this Friday at the Riverhouse.

We've spent a lot of time discussing and debating ways to improve the party and have greatly appreciated all your ideas & feedback. It's been decided that in lieu of a formal, sit-down dinner, we will be offering heavy hors d'oeuvres and a more sociable atmosphere in an effort to keep the evening more fun, lively, and less confining. Additionally, there will be an open bar, live music, and throughout the evening we will be raffling off gift baskets and holiday prizes! We hope to see you and your significant other!

\*\*Believe it or not, two years have come and gone and it's also time to conduct our new CODS officer elections. At our last meeting we discussed hosting the election via email; all things considered, I think this is the most diplomatic and representative way to do it. Please consider this email as your formal invitation for nominations. I will plan to keep the nominations open for a week, then will compose a formal "ballot" which will be sent to all CODS members for final vote. We will aim to have the results tallied and released by the end of the calendar year. As a reminder, the positions are: 1) Treasurer 2) CE Director 3) President and 4) Vice President. Honestly, as some of us have discussed, the "job titles" are probably not as relevant as simply having a cohesive group of officers that work well together to fulfill the duties and serve the CODS. And, don't worry, you don't have to have any experience or "know what you're doing." None of us ever did... So, if you're interested in giving back and serving your dental society, please reach out!

Happy Holidays on behalf of your CODS officers!

Nate, Jessica, Jared, Erica

## **New CODS Members**

Welcome to the newest Central Oregon Dental Society members:

- Eric Alston, DMD
- Catherine Koto, DDS
- Scott Rooker, DDS

- Debra Willis, DMD



- Link to O'Brien Dental Lab Website: <https://www.obrientalab.com>

**Kemple Memorial Children's Dental Clinic News** for November 2019 Suzanne Browning

Special thanks, especially during this holiday season, to all volunteer dentists that donated services to Kemple Clinic. We could not carry out our efforts without the donation of time, consultation, uncompensated treatments and support from these generous dental professionals. **THANK YOU's for September and October services recently appeared in the Bend Bulletin last month. AGAIN... WE ARE VERY GRATEFUL AND WISH YOU, YOUR STAFF AND FAMILIES A VERY HAPPY THANKSGIVING!!**



In our effort to provide dental care to children in Central Oregon who can't afford it, the Kemple Memorial Children's Dental Clinic wishes to thank the following dentists for their volunteered services in Sept/Oct 2019.

### **VOLUNTEER DENTISTS FOR SEPTEMBER/OCTOBER 2019**

Dr. Jared Anderson	Dr. Mark Nuttall
Dr. Ben Bryan	Dr. Maureen Porter
Dr. David Burrus	Dr. Tran Quach-Miller
Dr. Elise Burrus	Dr. Tom Rheuben
Dr. David Cauble	Dr. Jeff Timm
Dr. Steven Christensen	Dr. Gabrielle Weishoff
Dr. Yoli DiGiulio	
Dr. Matt Engel	<b>VOLUNTEER</b>
Dr. Matt Falkenstein	<b>DENTAL</b>
Dr. Janell Ginsburg	<b>PROFESSIONALS</b>
Dr. Benjamin Grieb	Dr. Richard Fixott
Dr. Jay Gronemyer	Dr. Mike Olin
Dr. Brad Hester	Cindy Baumgardner, RDH
Dr. Mark Jensen	Darla Thompson
Dr. Gregg Jones	Dawn Bailey, RDH
Dr. Jed Keener	Jennifer Stenkamp
Dr. Roxane Kotzin	Lana Austin, EPDH
Dr. Jean Martin	Maria Gonzalez, DA

At the Kemple Memorial Children's Dental Clinic, our mission is to improve the health and well-being of children in Central Oregon by facilitating critical preventative, educational, and dental treatment services for children whose families cannot access basic dental care. We do this through our dental clinic facility screen and seal program events at local schools and community partner organization venues with subsequent follow-up and referrals to volunteer dental professionals as needed. We provide portable preventative dental services to children and young adults regardless of insurability at various convenient locations. We advocate for all children needing timely, high-quality dental care.

Supported by **The Bulletin** | [bendbulletin.com](http://bendbulletin.com)

### **Volunteer Dental Opportunities in Central Oregon**

- **Kemple Memorial Children's Dental Clinic** – Contact Debbi Smith ([debbi@kempleclinic.org](mailto:debbi@kempleclinic.org)) or Maria Gonzalez ([referrals@kempleclinic.org](mailto:referrals@kempleclinic.org)) at 541-617-1653. General inquiries are directed to [info@kempleclinic.org](mailto:info@kempleclinic.org) or by phone at 541-617-1653. Kemple Clinic provides preventative dental treatments at their Clinic (Hygienists & Dental Assistants) and referrals to your dental office for acute treatments for at risk children ages 3-18 and young adults ages 19-25 (at-risk: uninsured, underinsured, underserved children and young adults). Kemple Clinic partners with the 4 regional



DCO's to provide OHP insured youth with preventative & diagnostic care and timely referrals. Kemple Clinic also provides portable Screen and Seal Programs to Central Oregon at various schools and community venues- *these programs are certified by OHA - Oregon Health Authority*. Website: [www.kempleclinic.org](http://www.kempleclinic.org)

- **Donated Dental Service (DDS)**. Provide comprehensive treatment to the underserved. Work from your office, no lab fees and great patients. Contact Dawn Zuvich at 503-594-0837 or [dzuvich@dentalLifeline.org](mailto:dzuvich@dentalLifeline.org) or Mark Keener DMD at 541-548-4064.
- **Healthy Beginnings** – Contact Tracie Shook @ (541) 383-6357 or [tracie.shook@hdesd.org](mailto:tracie.shook@hdesd.org). Provide dental screenings for children and families in need.
- **Volunteers in Medicine Clinic** – Volunteer Dental Hygienists offer cleanings. Those interested can contact Kristi Jacobs 541-585-9008 or [Kristi.jacobs@vim-cascades.org](mailto:Kristi.jacobs@vim-cascades.org).
- **Smile Central Oregon** – Patients perform community service, in exchange for discounted ORTHODONTIC treatment & services. Contact Dr. Julie Panchura @ (541) 771-1765 or [www.smilecentraloregon.com](http://www.smilecentraloregon.com).
- **Central Oregon Community College Friday Clinic** -- Perform dentistry at COCC Dental Assisting Clinic with Dental Assisting students who are gaining clinical & chairside experience assisting you and the patient. Contact Lynn Murray for information about Friday Clinics at (541) 383-7574 or [lmurray@cocc.edu](mailto:lmurray@cocc.edu) for more information on dates of clinics and to volunteer.
- **Central Oregon Community College** Dental Assisting Program – Contact Leslie Houston @ (541) 330-4364 or [lhouston@cocc.edu](mailto:lhouston@cocc.edu) for information on current Dental Assisting Students at COCC to observe and assist in your office, in order to earn their clinical hours and requirements for graduation.



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( **WARNING:** The chauvinistic, bipolar, arrogant, and politically incorrect opinions of Dr. Rupert do not reflect any organization or individuals' views or opinions ... except for Dr. Rupert; and are printed for light reading/entertainment purposes only.)

**Common Sense, Practical, Practice Management  
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(Please submit your questions, comments or disgruntled remarks to [DearDrRupert@yahoo.com](mailto:DearDrRupert@yahoo.com))

**Dear Dr. Rupert**

December 2019

**Dear Dr. Rupert,**

No matter how much time I put into educating and talking to my patients about the importance and benefits of flossing, it seems that all my efforts and time seem to be falling on deaf ears! I am getting a little discouraged about the fact that I can't get my patients to be regular flossers. How do you motivate your patients to become regular and better flossers?

Signed, Want Patients to Floss

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Dear Want Patients to Floss,

You seem a little over-obsessed with flossing! Are you one of those people who want to ban plastic straws and plastic bags? Do you wear yoga pants all the time? Why are you not worried about the possibility of Social Security going bankrupt or our aging bridges, dams and infrastructure? Are you at all concerned that our kids are in schools which repeatedly underperform ... or is it mostly the lack of flossing that you find to be the big problem in our world?

I'm not sure if you should worry this much about your patient's lack of compliance with basic oral hygiene practices. Yes, we should inform and educate the patients; but the majority of our patients have been educated about the benefits of good oral hygiene and still refuse to floss except for the morning of their cleaning appointment.

I have stopped talking about the importance of flossing altogether to my patients, yet my patients floss regularly and religiously. I would estimate that the average patient in our practice flosses two or three times a day. You want to know the secret to our success in getting our patients to floss regularly? The secret at our office has been the number of open contacts that I leave between my fillings and crowns.

Our patients get so much food stuck in between their teeth after eating, that they HAVE TO floss, because there's so much stuff that's digging, poking and hurting their gums. Not worrying about obtaining an ideal or tight interproximal contact, also allows me to place multiple restorations at a much faster rate and in the process help more patients become better flossers.

Sometimes ... the best way to help our patients (and kids), is to not make their life so easy that they take the basic things for granted. I have definitely not mastered the art of dentistry when it comes to ideal interproximal contacts, but I have mastered the art of forcing my patients to be regular flossers.

Glad I could help,

Dr. Rupert

# CLASSIFIED ADS

*You are welcome to email anything dental that you might want to sell/trade or buy.*

**No charge to Dental Society members for listings.** [Limited to 2-4 lines.]

**\$15/issue charge to non-Dental Society Dentists wishing to post items.** [Limited to 2-4 lines.]

**\$60/issue charge to Labs/Suppliers/Businesses wishing to post services or listings.** [Bigger sized ads are priced differently/higher.]

## GREAT DENTAL OFFICE SPACE

Great dental office space available soon in SW Bend! Approximately 3,500 sq. ft. in a medical/dental office building. Desirable area with high patient volume. Call Brian for further details. 541-419-0806

## PRACTICE OPPORTUNITY IN BEND

Bend Dental Practice for Sale:

No insurance contracts, no roller skates, minimal hygiene hours, it's fun here.

I do ~a thousand hours of client care annually collecting, with lab, \$700,000+: increase **Dr** and hygiene hours at will, add select insurance contracts, you could double collections.

Do or don't include current accounts receivable.

I love what I do, and ... it's time to go play in the forest.

This practice is simple, fun and rewarding. I am happy to teach the pieces of how/why it works so well ... with a small staff..

We focus on health care and on Fixed Prosth. from diagnosis through any implant care to complex reconstruction.

Would rather this jewel land in the hands of an already local Dr. than import one more to our mix ;~}.

Am happy to work/mentor as requested until purchaser is and feels competent/confident ...

I bet I could produce/buy the practice for you by the time you are tired of having me about.

Let's talk about it:     Tad             541-410-0285             [tad@mastersofdentistry.net](mailto:tad@mastersofdentistry.net)

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# REGIONAL CE CALENDAR

Date	Host Dental Society	Course title	Speaker	Hours CE	Location	More Information
12/6/2019	Multnomah	Risk Management & Medical Emergencies	Chris Verbiest & Normund Auzins, DDS, MD	7	Portland (McMenamins Kennedy School)	multdental@aol.com or lora@multnomahdental.org
12/10/2019	Marion & Polk	To Extract Teeth or Not to Extract? The Pursuit of Face-Driven Orthodontics	Reid Amborn, DMD, MS	1.5	West Salem (Roth's)	www.mpdentalce.com or marionpolkdentalsociety@gmail.com
12/13/2019	Central Oregon	Risk Management and Medical Emergencies	Chris Verbiest and Dr. Nathan Lenox	3 + 4	(Redmond) Eagle Crest Resort	www.centraloregondentalsociety.org
1/14/2020	Marion & Polk	Review of CDC Guidelines for Infection Control in Dental Health Care Settings	Samuel Barry, DMD	2	West Salem (Roth's)	www.mpdentalce.com or marionpolkdentalsociety@gmail.com



1/14/2020	Washington Co.	Green Dentistry - THC and Teeth	Barry Taylor, DMD, FAGD, FACD, CDE	1.5	Beaverton (Stockpot Restaurant)	www.wacountydental.org or contact@wacountydental.org
1/15/2020	Multnomah	Botox and TMD / TMJ	Akshay Govind, DMD, MD	2	Portland (OHSU School of Dentistry)	multdental@aol.com or lora@multnomahdental.org
1/16/2020	Central Oregon	Recognizing and Controlling Hypertension	Mark Backus, MD	2	Bend (Riverhouse Convention Center)	www.centraloregondentalsociety.org
1/23/2020	Southern Oregon	Green Dentistry	Dr. Barry Taylor	1.5	Medford (Patterson Dental)	www.sodsonline.org or sodentalsociety@gmail.com
1/28/2020	Clackamas	Wealth Creation	Joe & Ted Furgeson	2	Oregon City (Providence Willamette Falls Comm. Center)	www.clackamasdental.com or executivedirector@clackamasdental.com
2/11/2020	Marion & Polk	Marijuana & Oral Health	Barry Taylor, DMD, FAGD, FACD, CDE	1.5	West Salem (Roth's)	www.mpdentalce.com or marionpolkdentalsociety@gmail.com
2/18/2020	Lane	Infection Control	Dr. Monica Monsanto	2	Eugene (LCC Main Campus)	www.lanedentalsociety.org or office@lanedentalsociety.org
2/25/2020	Clackamas	ODA Ambassador Program	TBA	2	Oregon City (Providence Willamette Falls Comm. Center)	www.clackamasdental.com or executivedirector@clackamasdental.com
2/27/2020	Southern Oregon	Implant Seminar	Dr. Riley Clark	1.5	TBD	www.sodsonline.org or sodentalsociety@gmail.com
3/17/2020	Clackamas	Dental Team Ergonomics	Sarah Stuhr	2	Oregon City (Providence Willamette Falls Comm. Center)	www.clackamasdental.com or executivedirector@clackamasdental.com
3/18/2020	Multnomah	3D Bioprinting / Biomaterials and Tissue Engineering	Luiz Bertassoini, DDS, PhD	2	TBD	multdental@aol.com or lora@multnomahdental.org
3/10/2020	Marion & Polk	Individual and Household Preparedness	Gregory Walsh	1.5	West Salem (Roth's)	www.mpdentalce.com or marionpolkdentalsociety@gmail.com
3/10/2020	Washington Co.	Practice Management - Finding and Keeping an Outstanding Team	Candice Martin	1.5	Beaverton (Stockpot Restaurant)	www.wacountydental.org or contact@wacountydental.org
3/12/2020	Southern Oregon	Conservative Treatment of TMJ	Dr. MaryAnn Geness	1.5	Medford (Patterson Dental)	www.sodsonline.org or sodentalsociety@gmail.com

4/28/2020	Clackamas	Functional Approach to Medicine & Dentistry	Casey Means, MD	2	Oregon City (Providence Willamette Falls Comm. Center)	www.clackamasdental.com or executivedirector@clackamasdental.com
5/8/2020	Southern Oregon	Functional Aesthetics	Dr. David Hornbrook	8	Medford (Hilton Garden Inn)	www.sodsonline.org or sodentalsociety@gmail.com
5/12/2020	Marion & Polk	Oral Cancer / Oral Pathology	Daniel Petrisor, DMD, MD	1.5	West Salem (Roth's)	www.mpdentalce.com or marionpolkdentalsociety@gmail.com
5/12/2020	Washington Co.	HIPAA Training - Staff Invited	Terre Harris	1.5	Beaverton (Stockpot Restaurant)	www.wacountydental.org or contact@wacountydental.org
5/20/2020	Multnomah	Table Clinics	TBA	2	TBD	multdental@aol.com or lora@multnomahdental.org
5/26/2020	Clackamas	Perio	Drs. Tran / Nguyen	2	Oregon City (Providence Willamette Falls Comm. Center)	www.clackamasdental.com or executivedirector@clackamasdental.com
10/27/2020	Clackamas	Risk Management	Chris Verbiest	3	Oregon City (Providence Willamette Falls Comm. Center)	www.clackamasdental.com or executivedirector@clackamasdental.com

**MORE INFO ...**

***Becoming a Member of the Central Oregon Dental Society***

If you are not currently a member of the Central Oregon Dental Society ... or if your membership has expired and you wish to join organized dentistry once again ... you may:

- 1) Download the application paperwork at <http://www.oregondental.org/member-center/join-renew>
- 2) Contact Debbie Douglas, Coordinator for Membership & Administrative Services
  - Phone: (800) 452-5628
  - Email: [ddouglas@oregondental.org](mailto:ddouglas@oregondental.org)

***Deadline for Articles for the Newsletter***

The deadline to contribute articles or request the posting of information in the Newsletter is the last day of each month. The Newsletter is typically sent out in the first few days of each month. Article submissions relevant to the Dental Community are welcomed. We also welcome any personal & fun information about local dentists such as births, marriages, special events and such.

***Your Contact Information***

Please 'reply' to this email and let me know if you have a new email address or want the Central Oregon Dental Newsletters going to a different email address than the one it is being sent to. All Dental

Newsletters are sent via email ... so if you want to be in the local loop, please make sure your email address is current.

***Please contact Dr. Mehdi Salari ([bendsalari@gmail.com](mailto:bendsalari@gmail.com)) if you would like to post an announcement, classified or advertisement in future issues of the Central Oregon Dental Newsletter. The Central Oregon Dental Newsletter is sent to all practicing and retired Dentists & Specialists in Bend, Redmond, Prineville, Madras, Sisters, La Pine, Sunriver, Warm Springs & Mitchell.***

*The Newsletter is sent out on the 1<sup>st</sup> day of each month and new content needs to be submitted before the last day of each month, in order to be included in the following month's Newsletter.*

*If you no longer wish to receive correspondence from the Central Oregon Dental Newsletter, please 'reply' to this email and ask to be removed from the email list.*